

How will this activity help me?

Participation in community contribution activities is a very effective way to enhance the development of work and life skills. It will bring a new sense of confidence. It is a good way to explore your own strengths, to enhance your ability to access scholarships and gain entrance to some post-secondary programs, and to use your experience and skills to improve job opportunities. Making your *Community Contribution Activity Report* part of your Employability Skills Portfolio will provide you with a way to share these experiences with a prospective employer.

**Questions and
answers regarding
the
Community
Contribution
Component
of Career
Development
2201**



**Career
Development
2201**

Student Brochure



How many hours of community contribution do I have to complete?

All senior high students are required to complete 30 hours of community contribution in order to meet graduation requirements.

What about my safety and security?

The community contribution component of Career Development 2201 is considered an extension of a school activity. As with all school activities, you are covered under the student accident and injury insurance policy.

You should always tend to your own safety. Remember that your participation is voluntary and never engage in an activity which you feel is unsafe or could put you at risk. If you feel that you are in a situation that is not safe or you are being put at risk, you should report this to your sponsor, parent /guardian and teacher.

When will I complete the 30 hours of community contribution?

The 30 hours of community contribution are to be completed in conjunction with Career Development 2201 and within your high school years. Participation in activities will take place outside of class time and will not be used for evaluation purposes for any course.

Upon completion of the 30 hours, you must submit the completed *Community Contribution Activity Record* to your teacher in order to receive credit for Career Development 2201.

During high school, you can accumulate up to

Can I count my previous community contribution activities towards the 30 hours?

15 hours of community contribution time, prior to enrolling in Career Development 2201. However, at least 15 hours will still be required to be completed during the time you are enrolled in Career Development 2201 .

Can I select my own activities?

You must review the *Community Contribution Guidelines* before selecting an activity. Only certain activities will count towards the 30 hours of community contribution. You may select an activity which benefits the community. Eligible activities will be non-paid, outside of class time, and not used for evaluation purposes in a course. You may complete any number of activities, provided participation in all of the activities result in the completion of a minimum 30 hours of community contribution.

Who will make the contact with the volunteer organization?

It is your responsibility to make contact with the organization. However, you will have support from your teacher and your parent/guardian. Teachers will be sending information out to local organizations about the community contribution component of Career Development 2201.

How do I get started?

Community contribution will be covered as a topic in the Career Development 2201 course. As part of the course, you will engage in discussion and research around opportunities for community contribution placements that are available locally, provincially, and nationally. Also, you will discuss possibilities for group activities. You may wish to continue with a current community placement or you may wish to seek a new placement.

Do I need permission before I begin?

The *Community Contribution Activities Record* form should be completed in consultation with your parent/guardian and, upon completion of an activity, you must have your parent/guardian, your teacher, and the sponsor sign the form. Participation in an activity that is not on the eligibility list requires prior written approval of the Career Development 2201 teacher.

How do I keep track of my time?

The *Community Contribution Activity Record* form will help you to track your activities and hours and is the form which your parent/guardian and sponsors sign.